

3RD & 4TH

# LONGORIA'S

BOARD BREAK-A-THON  
2021

WITH  
LEADERSHIP  
HARBOR

Scan for easy donating &  
learn more about CALM!



**SATURDAY**  
**August 7, 2021**

In 2017 the Longoria's Family lost one of our own students to Suicide. Through the pain of the loss we decided to raise awareness among our Instructors - training them to know what to look for and the resources available to get help for someone in need. We then created the Board Break-a-thon as a way the martial arts community could come together to support each other.

We hope you'll join us in supporting and sponsoring our students as they participate in the next Board Break-a-thon to help bring awareness to the CALM workshop with Leadership Harbor (Local Leadership and Coaching Company with some LTMA Connections). The CALM program is bullying & suicide prevention awareness training for youth and adults.

Registered Participants are asked to get family, friends, co-workers or whoever to sponsor them. We suggest something like \$1/board (hint; everyone will break 10 boards). All funds raised will be used to provide suicide & bullying prevention trainings and resources in our communities. Raise over \$100 in Sponsorships and you'll receive a Board Break T-shirt.

# SPONSOR TRACKER

Online donations @ [www.longoriastacticalmartialarts.com/boardbreakathon](http://www.longoriastacticalmartialarts.com/boardbreakathon) OR [www.leadershipharbor.com/boardbreak](http://www.leadershipharbor.com/boardbreak)

SPONSOR NAME/ PHONE #

PAYMENT

COLLECTED

1	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
2	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
3	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
4	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
5	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
6	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
7	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
8	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
9	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
10	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
11	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
12	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
13	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
14	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
15	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
16	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
17	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
18	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
19	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
20	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
21	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
22	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
23	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
24	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
25	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
26	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
27	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
28	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
29	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>
30	<hr/>	<input type="checkbox"/> Check <input type="checkbox"/> Cash <input type="checkbox"/> CC Online	<input type="checkbox"/>